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### ABOUT HILDA CHASIA SMITH



Hilda Chasia Szternfeld Smith was born in Winnipeg, Canada to survivors of the Holocaust. She holds degrees from University of Calgary; University of Manitoba; Chopra Center University; California; and Pranayama Centers International. Her prose and poems have been published in *Embrace Your Divine Flow: Evolvments for Healing*, and her paintings have been represented by galleries in Calgary, Alberta and Winnipeg, Manitoba.

